



The Expectant and First Year Father (New Father Series)

Armin A. Brott

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Expectant and new fathers have learned to rely on the advice and wisdom of Armin Brott. With over 1,000,000 copies of his critically acclaimed parenting guides in print, his books have come to be regarded as the ultimate resource. An ideal gift for the moment parents learn a baby is on the way through birth and the first year, these books skillfully, and with humor, guide men through the daunting experience of pre- and new fatherhood.

The Expectant Father: The Ultimate Guide for Dads-to-Be has been significantly updated, revised, and expanded. This indispensable, information-packed guide explores the emotional, financial, and even physical changes the father-to-be may experience during the course of his partner's pregnancy. Written in an easy-to-absorb format, Brott incorporates the wisdom of top experts in the field and provides sound advice and practical tips for men on such topics as how to make sense of your conflicting emotions, how pregnancy affects your sex life, and much more. This volume reassures, commiserates, and informs.

The second volume, The New Father: A Dad's Guide to the First Year answers such questions as: How can you become an effective, involved father when you see your baby for only half an hour after work every day? What is the best way to start saving for your child's college education? The answers to these questions and hundreds more are found on the pages of this easy-to-follow information-packed book. Author Armin Brott charts the physical, intellectual, verbal, and emotional changes the child is going through, and examines the emotional and psychological developments the father may be experiencing. He suggests activities appropriate to each month and covers such parenting issues as finding quality child care and understanding changes in the relationship with one's partner.

Both books are illustrated throughout with New Yorker-style cartoons that will make even the most anxious expectant and new father chuckle.

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