



# Living the Simple Life: A Guide to Scaling Down and Enjoying More

*Elaine St. James*

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**Living the Simple Life: A Guide to Scaling Down and Enjoying More** Elaine St. James

Following on the heels of St. James's bestselling books, "Simplify Your Life" and "Inner Simplicity, Living the Simple Life" fuses both sides of her liberating philosophy into a powerful synergy of thought-provoking methods for leading a life of well-being and inner peace through simplicity. 19 photos.

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