



Chemotherapy and Radiation For Dummies

Alan P. Lyss, Humberto Fagundes, Patricia Corrigan

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An informative, compassionate guide for cancer patients and their loved ones

Each year, more than 1 million people get treated for cancer, and most of these will undergo chemotherapy, radiation therapy, or both. This reassuring, optimistic guide helps people get a handle on treatment options and explains in plain English how chemotherapy and radiation therapy really work. It offers detailed advice on how to alleviate and cope with side effects-which range from hair loss to nausea to anemia-and describes how good nutrition, meditation, support groups, and other techniques and resources can help in the recovery process.

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