



# **Jewish with Feeling: A Guide to Meaningful Jewish Practice (For People of All Faiths, All Backgrounds)**

*Rabbi Zalman M. Schachter-Shalomi*

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**A how-to for Jewish spirituality that works.**

"A spiritual seeker is a person whose soul is awake. In this book I make no assumptions about how much you know about Judaism, what holidays you keep, or whether you believe in God. I want us to start from your soul's experience and carry on from there."

?from the Introduction

"Virtually anyone remotely affiliated with Judaism should read this book," wrote *Publishers Weekly*, which listed *Jewish with Feeling* among its Best Religion Books of the Year. "Without question the best, most readable introduction to Reb Zalman's philosophy of Judaism, it is also the best beginner's guide to Jewish spirituality available today," wrote the *Forward*, "the perfect book for both the spiritual seeker and the curious skeptic."

Taking off from basic questions like "Why be Jewish?" and whether the word *God* still speaks to us today, Reb Zalman lays out a vision for a whole-person Judaism. This is not only Sinai *then* but Sinai *now*, a revelation of the Torah inside and all around us. Complete with many practical suggestions to enrich your own Jewish life, *Jewish with Feeling* is "a mystical masterpiece filled with spiritual practices and an exciting vision of the future" (*Spirituality & Health*). Spiritual experience, as Reb Zalman shows, repays every effort we make to acquire it.

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### **From reader reviews:**

#### **Louis McCarthy:**

Spent a free time and energy to be fun activity to do! A lot of people spent their free time with their family, or their friends. Usually they performing activity like watching television, planning to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Will you something different to fill your personal free time/ holiday? May be reading a book may be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the guide untitled Jewish with Feeling: A Guide to Meaningful Jewish Practice (For People of All Faiths, All Backgrounds) can be great book to read. May be it may be best activity to you.

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