



Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion

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In this fun, fresh, fat-positive anthology, fat activist and sex educator Virgie Tovar brings together voices from an often-marginalized community to talk about and celebrate their lives. *Hot & Heavy* rejects the idea that being thin is best, instead embracing the many fabulous aspects of being fat—building fat-positive spaces, putting together fat-friendly wardrobes, turning society’s rules into personal politics, and creating supportive, inclusive communities. Writers, activists, performers, and poets—including April Flores, Alysia Angel, Charlotte Cooper, Jessica Judd, Emily Anderson, Genne Murphy, and Tigress Osborn—cover everything from fat go-go dancing to queer dating to urban gardening in their essays, exploring their experiences with the word “fat,” pinpointing particular moments that have impacted the way they think and feel about their bodies, and telling the story of how they each became fat revolutionaries.

Ground-breaking and long overdue, *Hot & Heavy* is a fierce, sassy, thoughtful, authentic, and joyous collection of stories about unapologetically—and unconditionally—loving the body you’re in.

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From reader reviews:

Beverly McKeever:

A lot of people always spent their own free time to vacation or go to the outside with them family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. In order to try to find a new activity here is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent all day long to reading a guide. The book Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion it is extremely good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. In case you did not have enough space bringing this book you can buy often the e-book. You can m0ore simply to read this book through your smart phone. The price is not too expensive but this book provides high quality.

Susan Tokarz:

Playing with family within a park, coming to see the ocean world or hanging out with friends is thing that usually you could have done when you have spare time, in that case why you don't try point that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion, you may enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't obtain it, oh come on its called reading friends.

Charles Denzer:

Are you kind of stressful person, only have 10 or maybe 15 minute in your moment to upgrading your mind expertise or thinking skill perhaps analytical thinking? Then you are experiencing problem with the book as compared to can satisfy your short period of time to read it because this all time you only find e-book that need more time to be go through. Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion can be your answer because it can be read by anyone who have those short free time problems.

Laurie Dunn:

Beside that Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion in your phone, it could possibly give you a way to get more close to the new knowledge or data. The information and the knowledge you can got here is fresh through the oven so don't possibly be worry if you feel like an previous people live in narrow commune. It is good thing to have Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion because this book offers to you personally readable information. Do you occasionally have book but you would not get what it's exactly about. Oh come on, that wil happen if you have this inside your hand. The Enjoyable blend here cannot be questionable, like treasuring beautiful island. Use you still want to miss the item? Find this book along with read it from now!

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