



Skin Care and Repair (Harvard Medical School Special Health Reports)

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Where can you get authoritative advice on skin care? There's plenty of advice out there on TV, the internet and in the aisles of stores peddling skin care products. Despite the abundance of products and procedures available, there are actually only a few that have good scientific evidence behind them. This report, Skin Care and Repair describes the most effective skin treatments and procedures for both common medical conditions like acne and rosacea, and common cosmetic problems like wrinkles and age spots. The most current medical and cosmetic treatments and procedures are described as are the most effective topical lotions, fillers and other applications.

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