

# NUTRIBULLET: 2nd Edition! NutriBullet: Delicious, Quick & Nutritious Smoothie Recipes for: Weight Loss, Detoxification, & Healthy Living (Diets, Vegetables, Fruits, Exercise, Low Fat Book

1)

Fat Loss Nation

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"Helpful & Easy...This book is loaded with my favorite foods, too many diet books out there and they don't really deliver, but this one is worth the purchase. I would definitely recommend this book for everyone." ~ RK (Amazon Verified Purchase)

What if you could learn NutriBullet recipes to maximize the goodness found in natural foods? Can you imagine how amazing you'd feel once that happens?

Lose Weight & Kick-Start Your Health Into High Gear By Drinking Delicious, Easy-to-Make NutriBullet Smoothies!

# Do you find yourself falling into one of these categories?

- You want to lose weight, but you don't know how to get started
- You've tried different diet plans but nothing seems to work
- You want to lose a few pounds and stay fit in a healthy, sustainable way
- You want to feel alive and energetic throughout the day

If you find yourself nodding "Yes" to even one of the points above, then this book is for you!

In this book, NutriBullet Smoothies, you will discover the unsurpassed benefits of a nutritious drink! The results will keep your body in a healthy state while you become slimmer and happier each day. Now, doesn't that sound nice?

A smoothie is very easy to make, and this book will show you different recipes to keep you energized and always on the go. You can now enjoy your favorite fruits and vegetables with a new twist. All you have to do is mix, shake and drink and experience the benefits of all that natural goodness.

## What Topics & Areas Are Covered in this Book?

- Benefits of Smoothies
- Breakfast Smoothies
- Pre-workout Smoothies
- Post Workout Smoothies
- Smoothies to Maintain Strong Bones
- Smoothies for Weight loss
- Smoothies for a Healthy Heart
- Smoothies for Diabetics
- Antioxidant Smoothies
- And so much more!

Download this book now to kickstart your weight loss and open yourself up to a whole new world of confidence and possibilities!

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## **Patricia Smith:**

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