



La Violencia en el Deporte (Spanish Edition)

Dr. Ovidio Fernández Martín

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Es un estudio multidisciplinar presentado con intención divulgativa en el que se ha procurado, en la medida de lo posible, allanar los imprescindibles tecnicismos correspondientes a las varias materias que se abordan en esta obra, en la que el autor (que entre otras cosas es médico especialista en Medicina Deportiva y también especialista en Medicina Legal y Forense, así como persona con aficiones multidisciplinarias) aborda el análisis del nefasto problema de la violencia en el deporte según las siguientes perspectivas: histórica, estadística, preventiva, jurídica, psicológica, sociológica, neurofisiológica, bioquímica, biología molecular (bases genéticas de la agresividad: no confundir agresividad con violencia) cronobiológica (ritmos circadianos y su relación con la agresividad) periodística (tratamiento de los medios de comunicación 'influyen positiva o negativamente' También expone algunas crónicas deportivas relacionadas con la violencia en el deporte, a modo de "cronista improvisado"); política, literaria (algunos ejemplos en la Literatura), revisiones de la información existente sobre la materia, prospectiva (evolución futura de la violencia en el deporte) metodología para investigar este problema, ensayo (reflexiones personales y conclusiones). Asimismo, se pretende una concienciación sobre este grave problema que lastra y desprestigia el deporte.

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