



The Clinical Dietitian's Essential Pocket Guide

Mary Width, Tonia Reinhard

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The Clinical Dietitian's Essential Pocket Guide is an up-to-date, concise pocket-sized reference that clinical dietitians can tailor to their own practice. Part I covers nutritional assessment, life stage assessment, and nutrition support. Part II addresses nutrition considerations for specific diseases—cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases. Appendices on food-drug interactions, laboratory assessment, and useful reference materials are also included.

Within each disease chapter, a uniform format includes sections on disease process, treatment and nutritional intervention, and patient education. Blank pages in each chapter allow users to add their own notes or references.

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