



Barkley Deficits in Executive Functioning Scale (BDEFS for Adults)

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The Barkley Deficits in Executive Functioning Scale (BDEFS for Adults) is an empirically based tool for evaluating dimensions of adult executive functioning in daily life. Evidence indicates that the BDEFS is far more predictive of impairments in major life activities than more time-consuming and costly traditional EF tests. The BDEFS offers an ecologically valid snapshot of the capacities involved in time management, organization and problem solving, self-restraint, self-motivation, and self-regulation of emotions. It comprises both self- and other-reports in a long form (15-20 minutes) and a short form (4-5 minutes). Special features include an adult ADHD risk index in the long form. Complete instructions for scoring and interpreting the scale are provided.

QUICK VIEW

What does it do?: Provides an ecologically valid assessment of executive functioning deficits in daily life activities.

Age Range: 18-81

Administration Time: Long Form: 15-20 minutes. Short Form: 4-5 minutes.

Format: Self-report plus other-report (for example, spouse, parent, or sibling) rating scales.

Cost of Additional Forms: No cost--purchasers get permission to reproduce the forms and score sheets for repeated use.

See also the *Barkley Deficits in Executive Functioning Scale--Children and Adolescents (BDEFS-CA)* and Barkley's authoritative book on EF development and deficits, *Executive Functions*. Also available: *Barkley Adult ADHD Rating Scale--IV (BAARS-IV)* and *Barkley Functional Impairment Scale (BFIS for Adults)*.

Includes Permission to Photocopy

Enhancing the convenience and value of the BDEFS, the limited photocopy license allows purchasers to reproduce the forms and score sheets and yields considerable cost savings over other available scales. The large format and sturdy wire binding facilitate photocopying.

Age Range: 18-81

Forms and Score Sheets:

BDEFS-LF: Self-Report

BDEFS-LF: Other-Report

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 18-34, Males Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 18-34, Females Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 18-34, Males and Females Combined)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 35-49, Males Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 35-49, Females Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 35-49, Males and Females Combined)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 50-64, Males Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 50-64, Females Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 50-64, Males and Females Combined)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 65-81, Males Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 65-81, Females Only)

BDEFS-LF: Self-Report Score Sheet for Raw Scores (Ages 65-81, Males and Females Combined)

BDEFS-LF: Self-Report Score Sheet for Total EF Symptom Counts (All Ages and Both Sexes)

BDEFS-SF: Self-Report

BDEFS-SF: Other-Report

BDEFS-SF: Self-Report Score Sheet for Total EF Summary Scores and EF Symptom Counts (All Ages and Both Sexes)

BDEFS-SF Clinical Interview: Self-Report

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Susan Swain:

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Timothy Reed:

In this period globalization it is important to someone to get information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. The actual book that recommended for you is Barkley Deficits in Executive Functioning Scale (BDEFS for Adults) this reserve consist a lot of the information with the condition of this world now. That book was represented how do the world has grown up. The dialect styles that writer value to explain it is easy to understand. The particular writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

David Carter:

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