



# Trauma and Juvenile Delinquency: Theory, Research, and Interventions

*Ricky Greenwald*

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# Trauma and Juvenile Delinquency: Theory, Research, and Interventions

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## **Trauma and Juvenile Delinquency: Theory, Research, and Interventions** Ricky Greenwald

Learn how and why trauma is relevant to juvenile delinquency—and what to do about it!

This groundbreaking book addresses the connection between childhood trauma and juvenile delinquency. *Trauma and Juvenile Delinquency: Theory, Research, and Interventions* begins with two chapters presenting theoretical models of the relationship between trauma and the development/persistence of antisocial behavior. Another chapter addresses trauma-related assessment issues for juveniles, and several chapters present cutting-edge research on various aspects of the relationship between trauma and delinquency. Finally, several chapters focus on theory-based and empirically supported trauma-focused therapeutic interventions for juvenile delinquents. No other single source provides such breadth and depth of coverage on this topic!

*From the editor: “Disruptive behavior disorders are by far the largest type of mental health referral for children and adolescents, while juvenile crime and violence continue to be major social concerns. Several bodies of literature have converged to suggest that trauma is more than incidental to the problem of juvenile delinquency, it contributes to the problem.”*

*Trauma and Juvenile Delinquency: Theory, Research, and Interventions* explores:

- how trauma relates to conduct disorder
- the connection between traumatic victimization and oppositional/defiance problems
- ways to assess PTSD in adolescents
- how exposure to violence, delinquent activity, and posttraumatic stress symptomatology are related
- the unique trauma histories of incarcerated girls and the problems they have adjusting to life within the juvenile justice system
- how to develop group therapy services for incarcerated male juvenile offenders with PTSD

This valuable book also examines the effectiveness of EMDR (Eye Movement Desensitization and Reprocessing) for boys with conduct problems, MASTR (Motivation - Adaptive Skills - Trauma Resolution) for teens with school-related problems, and CPT (Cognitive Processing Therapy) for juvenile delinquents with post-traumatic stress disorder.

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