

Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination

Dorothy K. Breininger, Debby S. Bitticks



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"These guys really know how to get things set up to maximize your time. They absolutely can create time that seems to come from nowhere."

- Dr. Phil McGraw

Do You Want To. . .

- complete job projects on time and without last-minute excuses?
- arrive at appointments punctual and calm?
- fix minor repairs in your home before they become major expenses?
- stop last minute frantic searches before a vacation?

Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination, will help you decide if procrastination is a real problem or if you are experiencing other life challenges. For true procrastinators, this book is filled with step-by-step guidelines on how to stop putting off those home and work projects, unpaid bills and neglected relationships. You will understand what is holding you back and how to keep focused and motivated on present and future events. A must-read for anyone who wants to improve the efficiency and satisfaction of their lives.

"... encourages you to focus in on what you really want—and what's preventing you from getting there. Time Efficiency Makeover provides valuable tools for change that will result in massive action." —Anthony Robbins, author, Awaken the Giant Within and Unlimited Power

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From reader reviews:

Henrietta Jimerson:

Typically the book Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination has a lot info on it. So when you make sure to read this book you can get a lot of benefit. The book was authored by the very famous author. The author makes some research prior to write this book. This kind of book very easy to read you can obtain the point easily after reading this book.

Rana Jensen:

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Belinda Fergerson:

Many people spending their time by playing outside using friends, fun activity with family or just watching TV all day every day. You can have new activity to invest your whole day by looking at a book. Ugh, think reading a book really can hard because you have to accept the book everywhere? It alright you can have the e-book, having everywhere you want in your Touch screen phone. Like Time Efficiency Makeover: Own Your Time and Your Life by Conquering Procrastination which is obtaining the e-book version. So , try out this book? Let's find.

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