

C'MON AMERICA, LET'S EAT!: Susan's Favorite Low-Fat Recipes To Fit Your Lifestyle

Susan Powter

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Hey, Susan:

- * WHAT CAN I EAT?
- * HOW DO I LOSE WEIGHT?
- * HOW DO I COOK LOW FAT?
- * WHAT SHOULD I FEED THE KIDS?

These are the questions that Susan answers here with fast, delicious, low-fat, great-tasting, all-American recipes.

"C'mon America, Let's Eat!" is Susan's solution to your questions about lower-fat living. Here are more than 150 fabulous-tasting, wholesome, and healthy all-American food favorites that everyone will love, from burgers, pizzas, and fries to apple pie and chocolate sauce....

Easy menu planning and great suggestions from Susan make your meals great tasting fun for the kids perfectly romantic fancy schmancy and a leftovers lover's dream....

This book is essential for your kitchen. For you, the kids, and that meat-and-potatoes guy, Susan says..."C'mon America, Let's Eat!"



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Amber Tyson:

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